

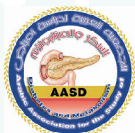
9th DaR International Alliance Conference

Asia time zone
23rd - 24th January 2021

CME accreditation is under process by

 United Arab Emirates University (UAEU)

 Compulsory Egyptian Medical Training Authority (CEMTA).



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January
2021



Day 1: January 23rd, 2021

Kuala Lumpur Time

03:30 - 03:50 PM

Opening: IDF President - DaR - Regional Societies Chairpersons

Session 1 ***The Passion for Ramadan Fasting***

Chairpersons: Andrew Boulton
Hussein Akhtar

03:50 - 04:05 PM

Fasting trends over 20 years

Abdul-Jabbar

04:05 - 04:20 PM

What really happens to the body during Ramadan Fasting

Nader Lessan

04:20 - 04:35 PM

Ramadan fasting the mental impact on people with diabetes

Abdulbasit

04:35 - 04:50 PM

Panel discussion

Session 2 ***To fast or not to fast? From Science to Religion***

Chairpersons: SK Abdul Shakoore
A K Azad

04:55 - 05:15 PM

IDF-DAR Guidelines new risk scoring for Ramadan fasting;
Why and How?

Mohamed Hassanein

05:15 - 05:35 PM

The Challenges for scientific risk assessment in Ramadan

Shehla Sheikh

05:35 - 05:55 PM

Panel discussion

06:00 - 06:20 PM

Servier symposium; -

SP Chan

Session 3 ***Pre-Ramadan Planning – Feedback from
2021 IDF-DAR Guidelines***

Chairpersons: Kurumbian Chandran
Yung Chee Kwang

06:20 - 06:35 PM

What Should we do pre-Ramadan?

Sueziani Binte Zinudin

06:35 - 06:50 PM

Ramadan Education in COVID time and beyond

Yakoob Ahmedani

06:50 - 07:05 PM

Monitoring in Ramadan; why, how, and when?

Norlaila Mustaffa

07:05 - 07:20 PM

The Role of Nutrition in Ramadan

Nisak Barakatun

07:20 - 07:45 PM

Panel discussion

Session 4 ***Hypoglycemia / Hyperglycemia in Ramadan***

Chairpersons: Hamed Farooqi
Rajeev Chawla

07:50 - 08:10 PM

Hyperglycemia in Ramadan; the forgotten enemy?

Osama Hamdy

08:10 - 08:30 PM

Hypoglycemia in Ramadan; A reality check

Nor Azmi Kamaruddin

08:30 - 08:50 PM

Panel discussion

Session 5 ***Medico-Religious Aspects in Ramadan Fasting
Discussion***

Chairpersons: Abdul Shakoore
M AlKobaisi

08:50 - 09:20 PM

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Day 2: January 24th, 2021

Session 6 T1D in Adolescents and Adults During Ramadan

Chairpersons: Fatima Aliana
Rashida Vasanwala

- 09:00 - 09:15 AM Does age matters?
- 09:15 - 09:30 AM Regional differences and similarities
- 09:30 - 09:45 AM Timing and dose of insulin? IDF DAR Guidelines
- 09:45 - 10:00 AM MDI vs Pump? IDF DAR Guidelines
- 10:00 - 10:20 AM Panel discussion

Muhammad Yazid Jalaudin
Sulatan Linjawi
Marwan Obaid
Ester Yeoh Chai Kheng

Session 7 T2D Part 1

Chairpersons: Faruque Pathan
V Mohan

- 10:25 - 10:40 AM Are all T2D the same? Feedback from DAR Global Survey
- 10:40 - 10:55 AM Are SUs and SGLT2-I safe in Ramadan? IDF DAR Guidelines
- 10:55 - 11:25 AM What to do for those on multiple therapy? IDF DAR Guidelines
- 11:25 - 11:45 AM Panel discussion

Zanariah Hussein
Mohamed Hassanein
Shashank Joshi

Session 8 T2D Part 2

Chairpersons: Banshi Saboo
Tayyeb Khan

- 11:50 - 12:05 PM Injectable therapy in Ramadan Update -IDF DAR Guidelines
- 12:05 - 12:20 PM Best Tips for Elderly diabetics wishing to fast – IDF DAR Guidelines
- 12:20 - 12:35 PM New Studies in Ramadan; **Supported by Sanofi** - SOLIRAM Study
- 12:35 - 12:50 PM New Studies in Ramadan; **Supported by Sanofi** - ORION Study
- 12:50 - 01:10 PM Panel discussion

Rohana Abdul Ghani
Mafauzy Mohamed
Mohamed Hassanein
Rakesh Sahay

01:15 - 01:35 PM **Industry Symposium; -**

TBC

Session 9 Safety of Fasting Ramadan for Special Population

Chairpersons: Shabeen Masood
Abel Soh Wah Ek

- 01:35 - 01:50 PM Management of hyperglycemia in pregnancy during Ramadan
- 01:50 - 02:05 PM Management of CKD-CVD person with DM during Ramadan
- 02:05 - 02:25 PM Panel discussion

Sara Abdou
Alaa Bashier

Session 10 Session 10: Today & the Future in DaR

Chairpersons: Amir Kamran Nikousokhan
Jerome Barrera

- 02:30 - 02:45 PM Grading of Evidence & Future Studies in Ramadan
- 02:45 - 03:00 PM Take home message

Harpreet Bajaj
Luqman Ibrahim



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